Addressing the Subjects of Family Abuse and Parenting in Canada to Newcomers

Segment # 4 (12:43) **Facilitator: Donna Joyette** Causes and Prevalence of Abuse, and Tools in Understanding Abuse (Power Wheel and Cycle of Violence)

CAUSE OF FAMILY ABUSE

• At the root of family abuse is power and control

CONTRIBUTING FACTORS

- Substance use and mental health disorders
- Stress of migration
- Pregnancy
- Poverty, economic downtown and natural disasters
- Racism and discrimination
- Prior history of being abused
- Low self esteem and emotional dependency
- Changing gender roles and social conditioning

POWER AND CONTROL WHEEL

- 1) Instilling fear, damaging property
- 2) Degrading, extra marital affairs, withholding affection
- 3) Using isolation, using cultural and religious practices to control, withholding documents, screening mail and conversations, deciding who the survivor can talk to and when, denying access to language training
- 4) Making light of situation, saying it didn't happen, blaming the survivor for the abuse
- 5) Threatening to call child welfare, turning children against parent, abusing children, threatening to take them away
- 6) Imposing strict roles for men and women, treating like a servant, using community to make person return, using cultural and traditional beliefs
- 7) Not allowing them to earn money, controlling money
- 8) Threats of deported/call immigration, withdrawing or delaying sponsorship, following and stalking



1. Tension Building Stage

- Criticism
- Yelling
- Swearing
- Coercion
- Anger

2. Explosive Stage

 Attacks and Threats (Physical, Psychological, Sexual)

3. Remorse/Reconciliation Stage

- Apologies
- Promises (to get help)
- Minimize behaviour
- Blaming
- Gifts



THE CYCLE OF ABUSE And on, and on, and on it goes



PREVALENCE OF ABUSE

- Number of women worldwide who have experienced physical or sexual violence in most cases by intimate partners
 1 in 10
 1 in 3
 1 in 20
- Number of cases of female homicide where the perpetrator is the woman's partner or other family member
 1 in 2
 1 in 7
 1 in 5
- 3) Percentage of Canadian children who suffered child abuse
- 4) Percentage of Canadians, 55 and over, reporting abuse
- 5) The frequency by which a woman is killed in Canada by their intimate partner

10 %

2%

he amount of money Canada spends a year as a result of spousal viole

6) The amount of money Canada spends a year as a result of spousal violence

Q 23 Million

Every 30 days

50 Million

Every 6 days

 \square 20 %

25 %

30 %



Every 3 months